

MILA TRONCOSO

milasepu@gmail.com | @itsmilatae | www.milatronicoso.com
HEIGHT:5'4" WEIGHT:117lb HAIR:Brown EYES:Brown

TV

Aunty Lee's Deadly Delights	Recurring	Netflix / Ch5 / MeWatch	2026
BlackVeil	Guest Star	Youtube	2025
Living With An Expat	Lead	MeWatch / Youtube	2024
Lion Mums	Recurring	Netflix / Ch5 / MeWatch	2023
Sunny Side Up	Recurring	Netflix / Ch5	2022
KIN	Guest Star	Ch5 / MeWatch	2022
CEO's Runaway Wife	Lead	Dreamshorts	2024
Adulting	Guest Star	Ch5 / MeWatch	2022

FILM

El Martillo Rosa	Supporting	Maruette Jefferson	2026
Fault Line	Lead	Kofi Siriboe	2026
Loma	Supporting	AFI Short	2026
The Worst Plan Every Tried Twice	Supporting	Chapman Short	2026
Stranger Eyes	Supporting	Amazon Prime / Siew Hua Yeo	2024
Lorna, Atlas & Me	Lead	Zetabelle Arthur	2024
Kiss From A Rose	Lead	Simon Vasquez	2022
Evergreen	Lead	Xander Lok	2024
The Damned Ones	Supporting	Reena Deen	2024

THEATRE

Decode	Supporting	Method Productions	2024
Studio 54	Ensemble	Secret Theatre UK	2024
Pandora's Box	Supporting	Secret Theatre UK	2023
The Brides	Ensemble	David Glass Ensemble	2022

COMMERCIAL

(Conflicts available upon request)

TRAINING

Haque Centre of Acting & Creativity
Lee Strasberg's Method Acting
KrisP. Production, Meisner Technique
The Aquila Studio, Stella Adler Technique
Intimacy Choreography
Stage Combat & Wire-Flying Stunt

SKILLS

Fluent Languages: English, Spanish
Accents: American, Neutral
Yoga, Rock Climbing, Boxing, Volleyball, Field
Hockey, Chess, Personal Trainer, Pole Dancing,
Illustration, drawing.

[Website](#) / [IMDB](#)